NANEA
Pilates
FRANZISKA CLAVADÄTSCHER

Christmas Pilates 2026

Sunday, 13 December 2026, 5.00 pm, Cresta Palace Hotel, Celerina

Another very special Pilates class awaits you amidst a sea of candlelight. Marvel, enjoy and recharge your batteries for the upcoming festive season!

After the Pilates class, we will treat ourselves to a Christmas hot drink and fresh gingerbread (included in the price).

Afterwards, all participants are welcome to use the 1200 sqm «Vita Pura» Spa of the Cresta Palace Hotel with sauna and pool area at a special price.

Christmas Pilates is open to women and men of all ages. No previous knowledge is necessary, but Pilates or Yoga experience is an advantage.

Date	Sunday, 13 December 2026 (3rd advent)
Time	5.00 pm – approx. 6.30 pm, followed by spa visit (optional).
Place	Cresta Palace Hotel, Via Maistra 75, 7505 Celerina. Parking spaces at the hotel, bus stop right in front of the building.
Cost	Pilates incl. snack: CHF 40 (to be paid upon online booking). Spa visit: Special price CHF 25 (to be paid on site).
Bring with you	Your own Pilates mat, comfortable clothing, eventually swimwear. Changing facilities on site.
Organisation	NANEA Pilates, Celerina, Franziska Clavadätscher
Registration	From Monday, 1 November 2026, 8.00 am, directly on **https://nanea.ch/en/timetable/** or via the QR code. **Please register, the number of participants is limited. No drop-ins.**
Info	Please note that this event is held in German.

Scan me!

NANEA PILATES Franziska Clavadätscher I Vietta Provizel 2 I 7500 Celerina
tel +41 79 176 37 03 I www.nanea.ch I info@nanea.ch